

"Every fear I came in with is completely gone. Confidence, socializing with strangers from all over the world, traveling halfway around the globe, meeting someone I so admire.. I feel like you 13 women loving me for who I am has given me so much self confidence and brought out the best in me. I feel so thankful. Life is so much brighter because of Bali."

"It was more than just a trip to Bali. It was filled with connection, gratitude, and so much love and respect between absolute strangers. Not something everyone has a chance to experience in their lifetime, and I am so happy and thankful I was able to."

"My mindset on yoga has completely changed. Lesley's teaching style is something I've never experienced. You can feel her thoughtfulness and kindness through her practice. It doesn't matter if you've done yoga your whole life or people like me.. downdog who? She always made me feel beautiful and like I can do yoga. You can teach any person in the world with that energy and that love."

"Transformative"

"LIMITLES IS NOT SIMPLY A VACATION. IT'S A CHANCE TO EXPLORE UNFAMILIAR PARTS OF THE WORLD AND UNFAMILIAR PARTS OF OURSELVES."

"It affected my moral compass in so many ways"

"Before Bali, I was fine. But I was not who I am now. Something changed within my spirit and my soul. I am so incredibly thankful."

"It's crazy to me that a random Friday evening answering a few questions and pressing submit would change my life. Thank you from the bottom of my heart for being you, for constantly walking towards fear and working tirelessly to help walk others down the same path. I am so grateful to be apart of the LimitLes family. "

"I believe every single person on the planet should take the opportunity to travel with strangers like I did. LimitLes trips are a movement. A movement to empower women, help them grow and find their potential as well as renew their hope and strength in humanity. In return, those women can bring home what they have learned and spread it at home and in their community to complete the circle and make the world a better place"

"It was nice to be reminded how everywhere in the world is affected by the same things and operates in many of the same ways. No matter who you are or where you live, cancer doesn't discriminate. We shouldn't either, we are all human after all"

"I love traveling, but doing all of those things wouldn't have been the same without the people I did them with. Together we explored every corner of Bali getting a taste of the whole island. I loved exploring temples, watching sunsets, swinging over lakes, cooking with locals, hiking mountains, relaxing in hot springs, chasing waterfalls, snorkeling, going to the beach, dodging monkey, sand exploring the area around our stunning villa"

"The LimitLes series is going to take the world by storm. Through connection, adventure, yoga and love, Lesley Murphy is onto something much bigger than just a trip and is bettering lives because of it."

"Women of various ages and stages of life. Women from different backgrounds. Women from parts of the world I've never been to. Women struggling with illness but happier and more whole than most of the healthy people I know."

"We are around strangers everyday. Our souls want to connect but we're so busy in our everyday lives just walking past each other. It was so nice to be around a group of strangers, getting to connect with people and know who they are from their heart in 5 minutes. It was really special. After that we were helping each other up the mountain, carrying things for each other, I mean I feel like I've known these people forever."